

ST. LEON WOMEN'S GUILD PRESENTS

## HYE FITNESS WITH MARIA DERIAN

Shed off those holiday pounds while supporting some great causes!

Bring your dumbbells, yoga mat, and towel. Don't have them? No worries!

Healthy snacks and refreshments will be served after the workout.

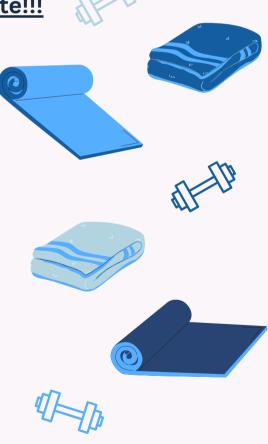
All are welcome & encouraged to participate!!!

## FEBRUARY 7, 2025 7:00PM ABAJIAN HALL

**DOORS OPEN AT 6:30PM** 

Registration and contact info:
Lisa Boyajian
levonandlisab@verizon.net | (551) 265-1105

Donations: \$25 per person, \$15 under 18 years old Payment accepted in advance (cash or check): St. Leon Armenian Church 12-61 Saddle River Road, Fair Lawn, NJ 07410



## Proceeds will benefit:

Artsakh Refugees & Armenian Engineers and Scientists of America AYO! Children's Backpack Initiative for Artsakh Refugees